

INSTRUCTIONS FOLLOWING AN ENDOSCOPY UNDER GENERAL ANESTHESIA

RETURN HOME AND REMAIN UNDER THE SUPERVISION OF A RESPONSIBLE ADULT DURING THE FIRST SEVERAL HOURS.

REST AND AVOID STRENUOUS ACTIVITIES.

SLOWLY RESUME YOUR INTAKE BY DRINKING WATER.

IF YOU TOLERATE WATER WITHOUT NAUSEA, YOU MAY EAT NORMALLY.

DO NOT DRINK ALCOHOL FOR THE FIRST 24 HOURS AFTER THE PROCEDURE.

DO NOT DRIVE FOR THE FIRST 24 HOURS AFTER THE PROCEDURE.

DO NOT OPERATE MACHINERY FOR THE FIRST 24 HOURS AFTER THE PROCEDURE.

Dr. Josep Masdeu i Castellvi